

# My Military Hero

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Everyone has a hero, from athletes to celebrities. My hero is placed in a different category. He's strong, both physically and mentally. Not only is he my hero, he's an American hero. People reflect upon him, they admire him, not only for his tall, broad physique, but for his bravery and determination. He is my dad.

Every morning, very early, my dad goes out and does physical training. No matter what the weather, he keeps going. Where are we that early in the morning? Probably sleeping soundly in our warm comfortable beds. He's out there in the freezing cold, piercing rain, or scorching hot; training for war. He works hard every single day to protect our country. I'm glad he has the patience and determination for this sleep-depriving job.

The Air Force isn't just about physical strength; it's also about mental strength. Despite all the grief, stress, and anger this job provides, my dad loves our country too much to back down. He charges through the rough spots and trudges through the sadness. When you look at him you see a focused man, but if you really look at him you can see the bravery, determination, and love.

My dad's an example to my family and to everyone. He shows us that we can be brave. One time he even showed me, if you make a commitment, stick to it. He made a commitment to protect and fight for us, and that is what he is going to do. He supports the U.S. and he shows us what a true, dedicated American looks like.

A hero to me is someone who puts others before themselves, or in my case, their country before themselves. I have someone like that in my life. I am proud to call him my dad.